

SALA POLIVALENTE 2

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SABADO	DOMINGO
7:00							
7:15							
7:30							
7:45							
8:00							
8:15							
8:30							
8:45							
9:00							
9:15							
9:30							
9:45							
10:00		YOGA		YOGA			
10:15		YOGA		YOGA			
10:30		YOGA		YOGA			
10:45		YOGA		YOGA			
11:00		YOGA		YOGA			
11:15		YOGA		YOGA			
11:30							
11:45							
12:00							
12:15							
12:30							
12:45							
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15:15							
15:30							
15:45							
16:00							
16:15							
16:30							
16:45							
17:00	PILATES		E. SANA	MINDFUL	PILATES		
17:15	PILATES		E. SANA	MINDFUL	PILATES		
17:30	PILATES		E. SANA	MINDFUL	PILATES		
17:45	ZUMBA		PILATES		GAP		
18:00	ZUMBA	YOGA	PILATES	YOGA	GAP		
18:15	ZUMBA	YOGA	PILATES	YOGA	GAP		
18:30	ZUMBA	YOGA	PILATES	YOGA	GAP		
18:45	E. SANA	YOGA	PILATES	YOGA	E. SANA		
19:00	E. SANA	YOGA	PILATES	YOGA	E. SANA		
19:15	E. SANA	YOGA	PILATES	YOGA	E. SANA		
19:30		YOGA			SINCRO		
19:45	taichi	YOGA	taichi		SINCRO		
20:00	taichi	YOGA	taichi		SINCRO		
20:15					B. LATINO		
20:30					B. LATINO		
20:45		PILATES		PILATES	B. LATINO		
21:00		PILATES		PILATES	B. LATINO		
21:15		PILATES		PILATES	B. LATINO		
21:30		PILATES		PILATES	B. LATINO		
21:45							
22:00							
22:15							
22:30							